



Claire Lomas MBE

Inspirational Fundraiser

"An inspirational to all"

Claire Lomas is a campaigner and fundraiser. Despite being paralysed from the chest down, she completed the London Marathon over 17 days using a ReWalk "robotic" assistance system. Alongside other distance events she's also undertaken challenges on motorbike, hand-cycle and monoski.

TOPICS:

- Diversity and Inclusion
- Wellbeing
- Mental Health
- Overcoming Adversity
- Teamwork
- Goal Setting
- Resilience

LANGUAGES:

She presents in English.

PUBLICATIONS:

- 2022** The Bigger Picture
- 2014** Finding My Feet: Claire Lomas

IN DETAIL:

Claire is constantly challenging her limits. She has not let her disability define her, but it has certainly redefined her, achieving some unimaginable feats and consequently inspiring people all over the world. A former Chiropractor, Claire was at the top level of event riding when her accident happened. However, it was her determination and courage that got her through and allowed her to rebuild her life. She made worldwide news when she took on the mammoth challenge of walking the London Marathon in 2012, becoming the first and only paralysed person to walk the London Marathon. Ever since, Claire has completed a number of different challenges, pushing herself to achieve more than anyone had ever thought a paraplegic could achieve.

WHAT SHE OFFERS YOU:

Claire speaks about the split second that changed her life, and candidly describes the darkest times through to some awe-inspiring achievements. The audience go through the extreme roller-coaster of emotions with Claire; they cry, they laugh, and they admire.

HOW SHE PRESENTS:

A truly inspirational speaker, Claire is able to adapt her talks to any event, audience or subject, providing a professional talk that will leave guests in awe.