



Max Calderan is an extraordinary expert of deserts and great motivator who has crossed the most insidious and impassable sands in the world, surviving in conditions that are beyond any known human limits. Max has pushed his limit over all scientific studies.

### **TOPICS:**

- o Fear Does Not Exist
- Sleep Deprivation
- o Teamwork
- Motivation and Inspiration
- Adventure

#### LANGUAGES:

He presents in English and Italian.

## **PUBLICATIONS:**

2015 The Force Within

Sleep Deprivation

Teamwork

Motivation and Inspiration

Adventure

#### IN DETAIL:

Max, without medical care and in complete solitude, carrying a backpack with only the essentials, has exceeded all limits known written in DNA, above all that one that every day prevents us from being truly free: fear of going over. He has dedicated himself to the study of the mechanisms that regulate the reactions of the human body to external stimuli and has developed over the years in collaboration with a leading genetics lab in Europe, a genomic test that today allows you to revolutionise the concept of prevention / obtaining results. Graduated in Physical Education with cum laude, sports trainer and mental coach, Max has formed hundreds of athletes and common people, leading them to achieve the desired objectives, as well as numerous sports people looking for an improvement in their physical fitness or their attitude.

## WHAT HE OFFERS YOU:

In his presentations, Max shares his experiences and its valuable know-how through unconventional training sections founded on the uniqueness and authenticity of the person. He focuses on the journey into our consciousness and our faith, through our conditionings and daily enslavements, searching for our inner strength. Because each of us, each day of our life, has his destiny to face.

# **HOW HE PRESENTS:**

An excellent speaker, Max brings concrete results and performance of a high standard in terms of personal and professional growing with simple and innovative tools.