



## Mo Gawdat

Former Chief Business Officer Google (X)

*"The gravity of the battle means nothing to those at peace"*

Mo Gawdat is the Chief AI Officer at Flight Story, the former Chief Business Officer for Google [X], a serial entrepreneur and author. After a 30-year career in tech and serving as Chief Business Officer at Google [X], Google's 'moonshot factory' of innovation, Mo has made happiness his primary topic of research, diving deeply into literature and conversing on the topic with some of the wisest people in the world.

### TOPICS:

- Eliminating Stress at Home and at Work
- AI, Innovation and Business
- Happiness and Resilience at Home and at Work
- Innovation with a Purpose: Technology for Good
- The Business of Happiness: Creating a Thriving Workplace
- Stress & Mental Health
- Technology

### LANGUAGES:

He presents in English and German and speaks Arabic.

### PUBLICATIONS:

- 2020** 3Podcast: Slo Mo - A Podcast with Mo Gawdat
- 2024** Unstressable
- 2022** That Little Voice in Your Head
- 2017** Solve for Happy: Engineering Your Path to Joy

### IN DETAIL:

In 2023, Mo co-founded Unstressable, an online course and community for reducing and eliminating stress. Through his 12-year research on the topic of happiness, Mo created an algorithm and a repeatable well engineered model to reach a state of uninterrupted happiness regardless of the circumstances of life. Mo's happiness model proved highly effective. And, in 2014, was put to the ultimate test when Mo lost his son Ali to preventable medical error during a simple surgical procedure. "Solve For Happy" is the pillar for a mission Mo has committed to as his personal moon-shot, a mission to deliver his happiness message to one billion people around the world.

### WHAT HE OFFERS YOU:

Mo Gawdat shares his valuable knowledge of innovation and the changing fundamentals of business in every field and country globally. His also tells the story of his personal journey to find happiness through "the happiness equation." His goal is to share these principles more widely and further the cause of happiness wherever he can."

### HOW HE PRESENTS:

Engaging and intelligent, Mo's incredible career during the most difficult of circumstances make him a renowned and much sought after speaker at a variety of events.