



## Paul McKenna PhD

**World's Leading Hypnotist, Expert in the Power of the Human Mind**

*Paul has helped millions of people successfully quit smoking, lose weight, overcome insomnia, eliminate stress, and increase self-confidence*

Paul McKenna is the UK's best selling non-fiction author and the world's leading hypnotist and an expert in the power of the human mind. He is regularly watched on television by hundreds of millions of people in 42 countries. In 2008, the Discovery Channel signed a £23 million deal with him to make a series of self-help programmes.

### TOPICS:

- The Power of the Human Mind
- Hypnotism
- Entertainment
- Awards
- How to Achieve your Goals
- Neuro-linguistic Programming
- Weight Loss

### LANGUAGES:

He presents in English.

### PUBLICATIONS:

- 2008** I Can Make You Rich
- 2007** I Can Make You Thin  
Quit Smoking Today Without  
Gaining Weight
- 2006** Instant Confidence
- 2004** Change Your Life in Seven Days

### IN DETAIL:

Paul McKenna's incredibly popular stage show plays at venues usually reserved for rock concerts. He broke all records by selling out at The Royal Albert Hall when he put on the largest show of stage hypnosis in the world. Paul is now credited with giving the hypnotic show a whole new image, combining the intrigue of the scientific with the glamour of the mysterious. In 1994 Paul won the award for Best London Show as well as the prestigious T.R.I.C. Award for Best TV Newcomer. His recent television series *The Hypnotic World Of Paul McKenna* proved a huge success for ITV with over twelve million viewers nationwide.

### WHAT HE OFFERS YOU:

As a hypnotist, Paul McKenna helps you to understand how to run your own brain. He helps to understand how to install positive new 'software' in the brain using simple and highly effective visualisation techniques. Paul, however, has put his powers to more use than just entertainment; he is now in great demand as a motivational speaker. He has worked with Olympic Gold Medallists, World Champion Sports people and top business achievers to help them succeed.

### HOW HE PRESENTS:

Paul always gets an audience feeling positive, optimistic and confident in their true potential to achieve more than they ever dreamed possible before. Paul's training sessions have their own unique style, blending humour, fascinating insights and demonstrations in a way that captivates his audience.