



## Sabrina Cohen-Hatton

Neuroscientist, Author and Fire Officer

*"One of the most senior women in the fire service"*

Sabrina Cohen-Hatton is a distinguished Chief Fire Officer and a pioneering Research Fellow at Cardiff University specialising in behavioural neuroscience. She is one of the few women to have served at the top of the UK fire service. Her expertise in understanding how humans make decisions under pressure has significantly influenced both academic and operational fields.

### TOPICS:

- Overcoming Adversity
- Behavioural Neuroscience
- Risk Taking
- Leadership under Pressure

### LANGUAGES:

She presents in English.

### PUBLICATIONS:

- 2023** The Gender Bias: The Barriers That Hold Women Back, And How to Break Them
- 2019** The Heat of the Moment

### IN DETAIL:

Sabrina's personal journey is one of remarkable resilience, having been homeless at fifteen and rising to become one of the highest-ranking female firefighters in the UK. She currently serves as the National Fire Chief's Council (NFCC) International Lead. Alongside her operational achievements, Sabrina earned a Ph.D. in Psychology from Cardiff University, where her groundbreaking research on decision-making under stress has been widely recognised and applied. Her story of overcoming personal adversity to achieve professional excellence is both inspiring and instructive.

### WHAT SHE OFFERS YOU:

Taking audiences to the very heart of firefighting, Sabrina immerses us in this extraordinary world; and reveals her own story as she recounts her years spent sleeping rough and her passion for a career that allows her to rescue others as she was never rescued herself. Sabrina speaks of everything she has learnt about how we respond in our most extreme moments.

### HOW SHE PRESENTS:

Sabrina has an enthusiastic, warm, and empathetic personality, drawing the listener into her message and develops a following wherever she goes.