Dame Sarah Storey DBE

Multiple Gold Paralympian

"Great Britain's most decorated female Paralympian in history"

Sarah Storey is a prominent British cyclist, excelling both on the road and track. With a decorated sporting career, she has participated in numerous prestigious competitions, including multiple Paralympic Games. Sarah has captured the nation's admiration with her remarkable achievements, consistently triumphing time and again.

TOPICS:

○ Drive and Determination
○ Peak Performance
○ Leadership and Teamwork
○ Overcoming Adversity
○ Sports and The Olympics

LANGUAGES:

She presents in English.

IN DETAIL:

As a gifted and committed young swimmer, Sarah made her debut in the Paralympic arena at the age of fourteen. Throughout her swimming career, she amassed an impressive tally of twenty gold medals, including five Paralympic golds, and shattered forty-one world records across different championships. However, she then transitioned to cycling, where she continued her winning streak, securing an additional twelve Paralympic gold medals. Remarkably, Sarah also achieved success in track cycling against able-bodied competitors, clinching the UK track championship title twice, despite being born with a non-functioning left hand. Her journey exemplifies the extraordinary dedication required to push both the body and mind to their limits.

WHAT SHE OFFERS YOU:

SIn her presentations, Sarah emphasises the critical role of razor-thin margins in determining success in her business. She delves into the innovations that have proven instrumental in enhancing her training and performance. She vividly illustrates the relentless dedication required to push the boundaries of both physical and mental capabilities to achieve victory, even in the face of formidable challenges.

HOW SHE PRESENTS:

Sarah's confident motivating style and enthusiastic approach uplifts every audience and with her insightful approach to life. She never fails to leave audiences spellbound, excited and ready to get on with the job!