



## Sven Hannawald

Four Hills Tournament Winner and Olympic Champion

*"An acclaimed ski jumping legend"*

Sven Hannawald was the first ski jumper to win all 4 competitions of the Four Hills Tournament. He was four times world champion and Olympic champion in the team competition. But the exceptional talent could not withstand the pressure to succeed. In 2005 he ended his career after suffering from burnout.

### TOPICS:

- Motivation and Success
- High Performance
- Mental Health
- Burnout Prevention

### LANGUAGES:

He presents in English.

### PUBLICATIONS:

**2013** Mein Höhenflug, mein Absturz, meine Landung im Leben

### IN DETAIL:

After retiring from ski jumping, Sven played football for Kreisliga club TSV Burgau, and drove for Callaway Competition in the ADAC GT Masters series. His passion for motorsport helped him back into life, as a racing driver he was back on the podium. In 2013 he wrote his highly acclaimed book as a biography. He has been a TV expert since 2016, first with Eurosport and since 2020 with ARD. Together with Sven Ehricht, Sven Hannawald runs a management consultancy for company health. Sven is Ambassador for the federal government's mental health offensive, a prominent role model for more openness and prevention.

### WHAT HE OFFERS YOU:

As a Corporate Health Ambassador, in his presentations, Sven gives valuable impulses for stress and burnout prevention, healthy leadership, exercise and sport in professional and private life.

### HOW HE PRESENTS:

A down to earth speaker, Sven is an entertaining, inspiring and motivational speaker. He highlights the importance of strong and healthy leadership, good communication, teamwork and loyalty.